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Jason Fletcher

...have courage and be kind



Jens Bunge

...fortune favours the brave



Marc Ward

...my blood, my sweat,
your tears



Conor Beukes

...Impossible is nothing



Callum Shaw

...this is my kingdom,
if I don't fight for It who will



Francois Koekemoer

...life is 10% what happens, and
90% how you react to it



Rikus Cilliers

...you only rise by lifting
Others



Keegan Staniland

...all good things are wild
and free



Andrew Heynes - Coach



Meet the Team

U19 SA Unofficial Tour

Emma Dick

"You can't always be strong, but you can always be brave."



Sam Gilson

"Don't give up just because of what someone said. Use that as motivation to push harder."



Hannah Hatch

"I do today what others won't, so tomorrow I can do what the others can't."



Savanah Kenny

"Teamwork makes the dream work."



Camryn Minnaar

"Good, better, best, never let it rest until your good becomes your better and your better becomes your best."



Candice Odell

"Expect nothing, appreciate everything."



Tara Rutherford

"Make each day your masterpiece."



Clio Strydom

"Practice like you've never won. Perform like you've never lost."



Gordon Shaw - Coach



Get your dancin' shoes
on for the upcoming
event....

SEE BELOW.....



HIGH GOAL.....



22, 23, 24 JUNE 2018

The Shongweni Polocrosse Club are pleased to announce that they will be hosting the 3rd Land Rover Durban Polocrosse High Goal in June 2018.

Spectators and players can look forward to world class action and entertainment as this tournament promises to deliver the best this fantastic sport has to offer.

Friends and families are welcome and entertainment, food stalls and more will be on hand to make it a weekend to remember.



Friday 22 JUNE

9.00 am	Equest vs Evoque (Ladies)
10.30 am	Land Rover vs Kego (Mens)
12.30 pm	Meru Moru vs Roski (Ladies)
14.30 pm	TWK Agri vs Rokwil (Mens)

Saturday 23 JUNE

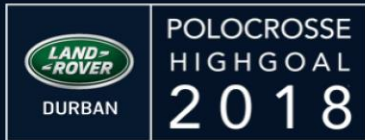
9.00am	Kego vs TWK (Mens)
10.30 am	Roski vs Equest (Ladies)
12.30 pm	Land Rover vs Rokwil (Mens)
14.30 pm	Evoque vs Meru Moru (Ladies)

Sunday 24 JUNE

8.30 am	Meru Moru vs Equest (Ladies)
10.00 am	Rokwil vs Kego (Mens)
11.30 am	Evoque vs Roski (Ladies)
13.30 pm	Land Rover vs TWK (Mens)

The Draw.....





22, 23, 24 JUNE 2018

WIN A WEEKEND FOR TWO IN A LUXURY RESORT AS WELL AS THE USE OF A LAND ROVER FOR THE WHOLE WEEKEND!

To enter, take a picture of yourself or your friends with
any Land Rover at the Land Rover Durban Highgoal 2018
and post it on Instagram along with #LRDHG



YOU GOTTA BE IN IT TO WIN IT...



FOLLOW US ON "shongwenipolox" on Instagram.

Zambian Tour: 04/05/06 May 2018

2019 Assistant coach's report: Brent von Benecke



On 3 May 2018 our 2019 World Cup team departed for Leopards hill Polocrosse club in Zambia for what was staged to be a competitive unofficial 3 test series against Zambia, who are currently 2nd in the Polocrosse world rankings. Our world cup team was aptly accompanied by Head coach Bruce McLarty, Manager Helene Steenkamp, Sport Physiologist Kirsten van Heerden and assistant coach Brent von Benecke. This Zambian tour has played an integral part in our preparations' for the defence of our World Cup title in 2019. We would like to thank PASA and our South African playing fraternity for your continued support that you have given our team to this point. We are certainly well on track and focussed in preparation for the 2019 World Cup in Warrick, Australia.

We were met and hosted by Zambia's Head coach Mr Rory Logan and Team manager Mr Mat Mawson amongst others on 3 May 2018 who generously welcomed us on arrival and attended to our every need during our brief 4 day visit; we thank them for their kindness.



Each game was played as per international rules with a pool of horses being allocated to each country to utilise with these pools of horses being aptly controlled by an appointed horse welfare officer to ensure their wellbeing at all times.

Leopards hill Polocrosse Club had a very well supported local tournament on over this weekend which allowed for a good crowd present during the main games of each day. Our Friday game was very intense with each side toying for position with the scoreboard looking unsettled as the numbers grew with each goal. The lead changed hands a few times until a defining point midway in the game. This is when our true depth, player talent, South African resilience and game plan dominated proceedings. We maintained the lead until the end from that point forward although the final score was a difference of 2 goals, namely 26-24.

Our main challenge was only receiving our horse pool a few hours before the tests which did not give us enough time to settle on the right horses per player. So a quick ride and play was the order of the day. This was part of the tour plan that our head coach wanted as you need to be totally prepared for adversity at a world cup in order to remain World

champions; the results were incredible. Each player remained focussed and got on with the task at hand and produced the goods.

Our second game was met with a very focussed and determined Zambian side that gave of their very best to try over power the current world champions and redeem themselves from the loss of the previous day. The Zambian team included a few players on rotation that were vying for a place in the final Zambian team of 8 for the 2019 World cup team; they were certainly keen to prove their worth. With that been said, each game was well controlled with the assistance of a 3rd umpire adjudicating any potential dangerous play. He was not required to intervene at any stage.

The second game remained in the balance for the first half then again the South Africans stamped their dominance on the game and kept the game out of reach of the Zambians. South Africa won 25-23 again.

In these two matches to this point; both our men and Ladies played equally exceptionally well and never lost composure when the ball did not bounce their way, a true sign of a focussed, balanced and happy team. It was a remarkable event to experience how each of our players absorbed pressure, remained composed when needed then presented plays of brilliance to close out each game successfully.

One can never underestimate the power of positive thinking; self belief coupled with a master mind head coach and psychologist that brings the best mind set out in the team every time.

Our final test on Sunday 6 May 2018 was a morning game due to our tight travel plans along with a few horses battling with minor niggles from the previous days encounters which did create some uncertainty on how we would get some of these horses through the final encounter. All horses once again performed well and handled the final game. We need to appreciate and acknowledge the pony lenders for the superb job they did in preparing our horses for these tests early in their season, a great effort.

We once again never lost our momentum that we had build up during the previous two days games and we maintained a lead into the final two chukkas when Zambia made a comeback to close the gap to only one goal at the final whistle. South Africa were victorious again 22-21. We closed out the tests 3-0 to RSA.

A huge thanks must go to Helen Steenkamp for everything you do for the team 24 hours a day. Everyone is fed, watered and kept in check by Helene. Your involvement and prescience is invaluable to the team and South African polocrosse.

I would like to encourage all of you in South Africa to continue to support our South African team during there preparations' to defend the world cup in 2019. Allot of the costs are absorbed by these players themselves and there are some wonderful potential sponsors on board at this point. Sponsors are certainly welcomed and your support will definitely make the difference.

Wishing you all a successful 2018 polocrosse season.

FROM EAST LONDON.....



East London Polocrosse Club welcomed all the out of province and out of town players and really hoped that everyone have the most wonderful experience attending our tournament. Being part of the Agricultural show means the entertainment, food stalls, Drum majorettes and at least 25,000 people visiting the five day show so it was an excellent spring board for show casing polocrosse.

Every year we embark on improvement projects this year there was no exception our club has been working hard on our field, lights and pony pens.

We have a small membership base and each year it is getting more and more difficult to dig deep, get enthusiastic and get going.

One of our motivations was when we all thought the SA Ladies would be attending our tournament it certainly gave us the oomph we needed to get going. There was a great scurry which even changed conversations from the normal topics to OMW the SA Ladies are coming we need to showcase our Club, our Area, our Town, our Province we need to show them just how proud we are to be hosting our SA Ladies, we need flowers in the ladies toilet.

It was with great disappointment that this was not to be, however one thing is for sure they have missed out on playing under the lights and on receiving our hospitality.

We could not participate in this wonderful sport without help, so all those parents, partners, grandparents and grooms that help us behind the scenes – you are all truly appreciated and we probably do not thank you enough.



We need to ensure we don't forget that our horses participate by our choice and not theirs so looking after our horses should be our first and foremost responsibility.

We would like to thank everyone all for attending our tournament and a huge thank you to all our sponsors we always pride ourselves on ensure our prizes are amazing and our hospitality is top notch. To the chairperson of the Agricultural

Committee Theunis (who I secretly call Alaska the last frontier – not so secret now) who has all the machinery known to man and who is willing to allow Andrew to use it we could not survive without your kindness, thank you Sir!

A special mention should go to Tara Rutherford who looked like a model on the Thursday night attending her matric farewell and was looking through a face guard on the Saturday morning what a transformation! We are all so proud that you have been selected to play in the under 19 team playing against the UK, we all super stoked and have been practicing the flash mob dance.

Let's get excited, we just can't hide it
I'm about to lose control and I think I like it
I'm so excited and I just can't hide it

We all enjoyed playing under the lights and for CLUB that is 36 years old with the small membership base and we have a polocrosse field that can be used under flood light what a delight.



A Division Results:

Winners: TWIZZA (Lynton, Connor, Chelsea)

Runners up: Talisman (Tayla, Reino, Shane)

Best No 1: Tayla Mansfield (33 goals scored over the tournament)



Best No 2: Reino Erasmus

Best No 3: Shane Mansfield

Horse and Rider: Albie Grobbelaar and Tabasheer

Golden Pony: Shane Mansfield's Phemba

B Division Results:

Winners: BaoBio (James, Tara, Andrew)

Runners up: DJ Tech (Sam, Keara, Savanah)

Best No 1: James Gardiner (40 goals scored over the tournament)

Best No 2: Tara Rutherford

Best No 3: Andrew Human

Horse and Rider: James Gardiner and Valarie

Golden Pony: Andrew Human's Tango



C Division Results:Winners: Secure Tech (Charlette, Robyn, Dean)

Runners up: Almex Aluminium (Bryden, Jani, Chris)

Best No 1: Charlette Bekker (30 goals scored over the tournament)

Best No 2: Robyn Fenn

Best No 3: Dean Tessendorf

Horse and Rider: Robyn Fenn and Sabrina

Golden Pony: Liza Marie Gillespie's Stolen



D Division Results:

Winners: Highlands (Robyn, Chloe, Rensche)

Runners up: Kempston (Tyrell, Emma, Krystle)

Best No 1: Robyn Fenn (39 goals scored over the tournament)

Best No 2: Emma Rutherford

Best No 3: Rensche Van Niekerk

Horse and Rider: Robyn Fenn and Shuttle Forth

Golden Pony: Rensche Van Niekerk's Iseberg

Regards

Julie Skinner



A short report from the umpire portfolio.

Two of our international umpires- Brent von Benecke and Patrick o Sullivan have been requested by Zambia to umpire at their test series early July against Australia- well done .

We also remind you of the IPC directive umpire document, that was sent out by PASA, asking for nominations for WC 19 umpire panel, going forward for 4 years- please ensure you have sent your replies and completed signed forms to PASA secretary – the executive will need to address these replies and send a 2nd nominee as stipulated by 1 August 2018. Patrick o Sullivan is already our SA umpire for the WC 19, so one other needs to be from SA- please read document carefully.

Two new clubs have applied for membership to PASA- from the NW/ GT area Meru Moru and in the EP (applied as Thembani- but new name applied for is Fairview)

Both proposed clubs still have to have their credentials and members verified before being part of the PASA clubs portfolio. Provincial umpires from EP, NW, GT are busy with this procedure- which appears to have many delays for various reasons.

All provincial umpires should have by the 31st May 2018, have sent in their updated umpire grading's to PASA secretary- this list will be added to the affiliation list.

Kind regards

Gav Flowers

HORSES FOR SALE.....



Pony for sale: My Way

Age: 4 years old

Height: 15hh

Schooling: Played Saints as first tournament

Attitude: Easy going, willing and uncomplicated. Spins, takes bumps and plays like a pro. Excellent pony for small adult or competitive child

Contact: Colette 082 44 222 06
Vacs and PP all up to date



Pony for sale: Lucinda

Age: 12 years old

Height: 14.1hh

Schooling: Played GP champs and Saints
This pony takes on the big horses and out runs and out plays them.

Excellent pony for a competitive kid

Contact: Colette 082 44 222 06