



As the sun sets on another year. Much to ponder upon, even more to look forward to... - Abhishek Bachchan

Message from our President - Manfred Rohwer

Dear Members

The Christmas season is upon us, which signifies the end of yet another year. As this year comes to a close, I would like to wish you and yours a very happy holiday season and that the New Year is full of health, joy and success.

I would like to thank you for your continual work and precious support for Polocrosse in 2022. I am thankful for this great team and all your efforts and endeavours that have allowed Polocrosse to grow this past year.

Thinking warmly of each of you and wishing your family an extra measure of peace, joy and hope this Christmas. I wish for a great festive season in 2023 for all our executive, staff and members.

Kind regards

A HORSE(WO)MAN'S CHRISTMAS by horse trainer Doris Eraldi

It's the night before Christmas, we're out in the barn Blanketing horses to keep them all warm They're eating their dinners, tucked in cozy stalls Not aware that it's Christmas or any special day at all They can dream of spring pastures from their pinescented beds

No visions of sugarplums dance in their heads But we people are thinking of merry parties and such Maybe feeling a little sad at missing so much

This season is special but the horses don't know We've got work to do before we can go We finish the chores and head on inside To get ready for dinner and our own yuletide It's nearly midnight, the carols are sung I remember a story I was told when I was young How at midnight on Christmas Eve The creatures of the barnyard can speak to us with ease I am called to the barn, I wade through the rain I know I must go, I can't really explain I slide open the door, pause for a while Then slowly walk down that dully lit aisle A nicker from Casey, a wink from JD Sleepy old Alibi waking to see Tucker rustling his bedding, a snort soft and light Each horse gave a greeting as I walked through the night

I thought about parties bright lit and warm The ones we don't go to 'cause we have the barn And vacations and holidays that we don't get When we're working long hours for bills to be met Walking all the way to the end of the aisle I stop to stroke Bonnie, it brings me a smile She snuffles my face, hot breath on my skin It starts me to thinking about my horses, my kin I could be at parties with laughter and mirth But where I am right now is the best place on Earth.

Message from our Vice-President: Francois Du Toit

What an awesome year 2022 has been, it was jam packed with International tours and great PASA calendar tournaments. The year started with the Veteran and Junior development tour to Zimbabwe. In my opinion, a tour to Zimbabwe is an absolute must for each Polocrosse player, as you get to experience the hospitality shown by our Zimbabwean friends which is always amazing and of such high standard. So, if you haven't done it, make sure you put this on your bucket list. It was a great tour to be part of and a privilege to play in the tournament. Apart from a few lessons learnt when buying biltong in Zimbabwe, travelling with a great group of people made it an even better trip. A short message to bring home after the tour that will always be well remembered was **"Trophies may gather dust, but friendships last forever".**



We have also seen wonderful growth in our venues available for hosting tournaments and a well-deserved congratulations to Underberg for hosting a brilliant International, as well as to Bishopstowe and Shongweni for hosting such successful tournaments as well. Ngwenya, Bethal and Walkerville kept the north flag flying high, but we also need to look at supporting our Northwest, Eastern Cape and Western Cape clubs as there are great venues in Vryburg, Potchefstroom, PE and Swartvlei, so look out for these tournaments on the 2023 calendar.

It has been a very busy year for the Executive, and I want to thank all the members of the Executive for their time and contribution. We truly have a committed team that look after the best interest of PASA and although we always debate the numerous issues I do believe that the Executive has supported each other and have a common goal, which is keeping the best interest of our sport top of mind in all decisions. So well done and we are not done yet.

As you are all well aware we have the 2024 Polocrosse World Cup on the horizon, and we have a lot to get done before we can host the Word Cup. A big thank you to the World Cup committee and the Shongweni Polocrosse. Club team lead by the Von Benecke and Haynes families and supported by Manfred for all the effort thus far in the preparation of the World Cup. We will need the assistance of the entire Polocrosse fraternity to make this event a success and I am sure we can count on all our member's support.

On a personal note, I would like to take this opportunity to thank the polocrosse fraternity for their amazing support and prayers to our family during the difficult time we experienced in Zambia. Polocrosse is a great sport, but the amazing people that make up this community is what truly makes it special. Thank you.

Three cheers for the ponies, please look after them during the off season and get them ready for an exciting new season in 2023, if the weather plays along the calendar is packed with some great tournaments. Be safe on your travels take care and a Merry Christmas to all.

Best regards

Toit



"GINNY HERBERT - LADY PERSONALITY OF THE YEAR AWARD" Sarah van Wyk

From Sarah:

I have been postponing this since Rochelle asked me to write a few things about the prize I won at SA Champs 2022, the "GINNY HERBERT TROPHY".

My two weakest trates in life are definatly writing articles and sitting in an office even with an aircon office. I would much rather be on a horse or a golf course in the fresh air.

I was lucky enough to live next door to Ginny in my teen years at Bosch Hoek and often spent time with her in her workshop repairing my broken polocrosse racquets and just chatting (which she could do very well. She is an amazing person that always had time for everyone and definatly gave back to the wonderful sport. I contacted her after I won the prize and she is doing very well. She is living in a caravan in the Griffiths family (Old Benoni Polocrosse Family) garden in Australia. What an amazing sport polocrosse is, how it makes the world so small and brings friends together and makes them family.

I was blessed to be born into an amazing family with an added bonus that we had horses. My Dad played polo so we all rode horses from an early age, have to add my mum is the glue in the family that holds us all together or even sticks our rear ends to the saddle. I moved from polo to polocrosse when I was 14 years old and the rest is history.



So, to wrap it up in a nut shell:

·MY PASSION - HORSES
·LIVING SIMPLY
·DAUGHTERS
·AMAZING HUSBAND
·ENJOYING NATURE AND OUR SURROUNDINGS
·SUNRISES
·SUNSETS
·A LITTLE GOLF
·RUNS AND WALKS AT YOUR OWN PACE
·MAYBE A LITTLE WINE
·LOTS OF COFFEE
·TIME WITH FAMILY AND FRIENDS AWAY FROM
THE HUSSEL AND BUSSEL OF EVERYDAY LIFE!

Most important enjoy your horses it's a privilege to have them.

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Who is Bomber Nel

Bomber's polocrosse career was resurrected in 1990 in South Africa after having left Rhodesia in 1980, when he and his son were introduced to Bishopstowe Polocrosse and generously offered horses to ride until they were able to afford their own. It was at this time that he was given the nickname "Bomber" and he soon started making equipment for younger players such as racquets, spurs, bits and helmets.

He focused his attention on developing junior polocrosse, Robbie Robson was a willing part ner and the Junior Polocrosse was formally established. The idea of an international became a reality when he contacted Dave Davies in Zimbabwe,who was equally keen to grow junior polocrosse at an international level. An U13 Series was enthusiastically arranged. The Datnis SA Invitation Team was selected from 19 players and announced at the Underberg Tournament in 1992. The test series was played at ChattertonRoad

with South Africa losing the series to the more experienced Zimbabw

The following year 6 junior teams were selected to tour Zimbabwe, U14 mixed, U16 girls, U16 boys, U19 girls, U19 boys and U21 Colts all being awarded full National colours.

Enthusiasm among the younger players had grown substantially and 36 Under 14 players made themselves available for selection. In 1994 Bomber presented his "MostOut- standing Under 14" trophy for the first time which now boasts some wellknown names.



This was followed in 2007 by Bomber's "Best Junior Horse and Rider Combination" which was aimed at encouraging junior players to school their own horses. Bomber has generously spon- sored players as well as trophies and prizes over the last 30 years both locally and internationally including as far afi as France, Italy, Holland, Germany, Canada, New Zealand, Zimbabwe and Zambia with ongoing commitmentto the UK, USA, Australiaand of course South Africa with a special place in his heart for junior players.

His racquets are still made personally by him with great pride and with his continual pursuit of perfection.



Locals in SA U 13 polocrosse team

LOCAL polocrosse players dominate the South African under-13 team to meet Zimbabwe in a series of international matches this month.

The team was chosen after trials at the Underberg Tournament last weekend.

The players are: Leroy Nel, of Bishopstowe Polocrosse Club; Megan Stipcich, of Shongweni; Manie Nel, of Mid-Illovo; Natasha Bartlett, of Port Elizabeth; David Cantor, of Port Elizabeth; and Terence Spilsbury, of Harrismith. Chad Erskine, of Pietermaritzburg, is first reserve. Second reserve is Trace Price-Moor, of Underberg, and Becker van Niekerk, of Benoni, is third reserve. The team is managed by city man Pete Nel, while Robbie Robson has been appointed coach.

This is the first time in SA polocrosse history that a Zimbabwean under-13 team will arrive in Pietermaritzburg. A three-day international series from August 14-16 will be played. "An under-13 league has h

"An under-13 league has been running successfully in Zimbabwe for the past five years and it is hoped that this will be the start of something similar for S.A. Polocrosse," said Nel.

Most of the players selected for the SA team will be playing at the Scholars Tournament at Chatterton Road this Sunday.

Bombers contribution to SA Junior Polocrosse

BOMBERS - MOST OUTSTANDING U14

Trophy

- •1994 Leroy Nel
- •1995 Not Awarded
- •1996 Lee-Ann Van Wyk
- •1997 George Van Rensburg
- •1998 Rene van Wyk
- •1999 Mathew Braithwaite
- •2000 Cursti Windt
- •2001 Nico Van Wyk
- •2002 Nico Van Wyk
- •2003 Attie Van Wyk
- •2004 Shandon Taylor
- •2005 Retief Steenkamp
- •2006 Graham MacLarty
- •2007 Travis Timm
- •2008 Graham MacLarty
- •2009 Natalie MacLarty
- •2010 Natalie MacLarty
- •2011 Caley Higgs
- •2012 Paige Pretorius/ Connor Beukes
- •2013 Wian Botha
- •2014 Not Awarded
- •2015 Sam Gilson
- •2016 Not Awarded
- •2017 Lauren Heynes
- •2018 Amy Cocker
- •2019 Not Awarded
- •2020 Lauren Heynes
- •2021 Olivia King
- •2022 Nick King



BOMBERS - Best Junior Horse and Rider Combination

- 2007 Jacques Potgieter Gonda
- 2008 Graham Maclarty Rio
- 2009 Travis Timm Simba
- 2010 Graham Maclarty Rio
- 2011 Travis Timm Simba
- 2012
- 2013 Caley Higgs Squaw
- 2014 Samantha Gilson Dynamite
- 2015 John Rae Mischief
- 2016 Zack Hooper Messenger
- 2017 Wian Botha Jetaime Flamenco
- 2018 Chad Von Benecke Cuzzie
- 2019 Lauren Heynes Cup Cake
- 2020 COVID
- 2021 Fiona Lin Sogg
- 2022 Nick King Gypsey





Message from the Chief Handicapper - Andrew Heynes

Just a reminder that the following structure is in place for the Handicapping Committee

CHIEF HANDICAPPER I PROVINCIAL HANDICAPPERS I CLUB HANDICAPPERS I PLAYERS

We try to evaluate a player over at least 2 Tournaments before changing their handicap. This ensures consistency and eliminates once off good or bad Tournaments.

Any questions pertaining to your handicap or other players handicaps can be directed to anyone in this structure. It would be best to start with your Club Handicapper and then move up the structure if you don't come right.

Remember that it is only natural for people to have a biased opinion of themselves or family members. We all feel that we are better than we are.

How can you improve your handicap!!!

There are a number of ways to improve. Here are a few ways:

·Practice more

·Improve your fitness

·Play on more than 1 horse if possible

·Ensure you play your best horse at Major Tournaments

•Pick out a few people that are 1 handicap higher than you. Ensure that you do all the basics better than them (practice more, better fitness, play your best horse against them).

•Put less pressure on yourself. The more thoughts that go through your head during a game, the worse you will do. Forget about who is watching you and focus on just playing the game in that moment.

•Prepare yourself for the season. Plan all the above so that you peak at the right time. The result of a game is out of your hands, but the way that you prepare for a game is totally in your hands and generally the results follow suite.

Enough said, I'm looking forward to a great 2023 season and hope that all players are motivated to improve next season. Good luck for your 2023 preparations



Message from the Chief Umpire - Stephen Rault

Hello all, here we are at the end of a great season where we all got to play the game of Polocrosse we love so much!

It's a great game to play with rivalry, comradery and competition that makes us all return to the game tournament after tournament.

Many of us are little budding RASSIE ERASMUS's where the poor umpire is often critised for just showing up, and in some cases for not showing up because he or she can't be bothered!

So as Chief Umpire, you often get asked, "How are you going to fix it?"..... well, it's a damn good question and you know what, I cant answer it. Now before you lynch me and post all the videos like Rassie does after each game, lets look at some potential solutions.

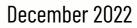
The umpires come from the players. Aah, I think I see an opportunity here...... Good umpiring starts with you. If you don't put any effort into improving your umpiring and improving your knowledge of the rules, how can you expect other players to do it. If you feel you had a bad game, make the effort to upgrade your umpiring so when you get the chance to umpire, 12 other players can respect you for what you are doing for them......which is allowing them to have a good game.

So, in the off season, take responsibility for umpiring and upgrade your skills with the assistance of the Provincial umpires. Make the commitment now to study the rules and practice umpiring. When you are a player, you practice on your horse and improve your skills..... why not do that with your umpiring?

So good umpiring starts with you.

Please make the effort to participate on our WhatsApp poll which came out on the 25th November 2022 and look at the results that are there. It gives the umpiring committee something to work on for the 2023 season.

Have a great off season and chat soon.





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Christmas brings family and friends together; it helps us appreciate the love in our lives we can often take for granted. May the true meaning of the holiday season fill your heart and home with many blessings.

On behalf of the PASA executive, we would like to wish all our members, their families and friends a very Blessed Safe Christmas. And we look forward to seeing you all on and around the Polocrosse field in 2023.

Reflecting on another year that saw NGWENYA POLOCROSSE CLUB host Gauteng Champs, SA Club Champs and the SA vs Zim/Zam Series, we can only be filled with pride & gratitude. Blessed beyond measure with our facility and our fantastic Club Members, anything is possible! Thank you to PASA for having the faith in us to bring SA Club Champs back to Gauteng - which was much needed! And to the rest of the Provinces & Clubs for supporting us .

We now get to have a small break ahead of a much anticipated 2023 geason.

Until then, we would like to wish all PASA Members, Grooms and Families a safe, peaceful & fun Festive Season! 3 Cheers for our Ponies!

WHO is MOLLY?

Mwalimu Modise

- I am 17 years old, play for Potch Polocrosse Club
- I play off a 2 handicap but actually I am a 7
- Hobbies are golf, club cricket and practicing my skills on being a standup comedian

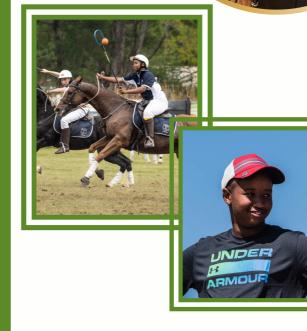
I am one of a kind very outgoing person, funny easy to talk to and full of myself (*inspired by Codi*) I have a few favorite polocrosse memories but one that stands out is probably the "lekke" jol we had at Junior Classics 2022 and the Development tour to Zimbabwe this year.

I started playing polocrosse a few years ago. I was introduced to the sport by the Thornhill family. If it wasn't for them none of this would have been possible. They have had a huge impact on my life and I will be forever grateful for that. I enjoy the sport and the people a lot. I hope to make a name for myself in the game one day and play as good as my idols.

I played my first tournament last year in Bethal and have been collecting memorable moments since then. My favorite positions are 1 and 2 because I don't like being held back and I'm always trying to make a difference on the field.

My favorite polocrosse person is Codi Campbell. Why? I think we have the same personality and I know he looks **up to me.** I also enjoy playing against him.

Another reason he looks up to me is because I am definitely better in golf than him.



Why Polocrosse?

Because of the people, the horses and all the memories. What I have learned is that without hard work and dicipline you will be stuck and not move forward.

Respect for horses. They are beautiful animals and have so much to offer.

There is **no better feeling** than playing polocrosse.

Funniest moment for me must have been when I smashed Uncle David across the back at one of Bruce's clinics. His face and utter disbelief! You had to be there to appreciate the moment. Ha ha ha.

From the Junior Presidents Desk - Karen Cocker

To all our Junior Players

I hope your exams all went well and that your horses have had a good rest. I am looking forward to seeing you all in the 2023 season.

In the meantime keep riding and practising polocrosse . Be kind to each other and your ponies.

Remember if you give your horse what he needs he will give you his heart in return!

I would like to wish you all a very Merry Christmas and a holiday full of family love and fun.

Yours in polocrosse Karen Cocker



FIXTURES

February 2023

• 25/26 George

March 2023

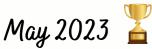
4/5 - Ladies Clinic (Bishopstowe)

- 11/12 Bethal
- 25/26 Nyati (Elandslaagte)

April 2023



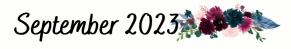
• 15/16 - Bishopstowe 28-30 - TWK (Bethal)



- 6/7 Port Elizabeth
- 13/14 Presidents Cup (Ngwenya)
- 27/28 KZN Champs Cammelot (Potchefstroom)

30 June- 2 July Junior Classics Bishopstowe

- 14-16 :SA CHAMPS (Elandslaagte)
- 29/30: Shongweni



• 9/10 NW Classic -Huhudi Vryburg





- 10/11 Hidcote/Barbarian Tour
- 23-25 HIGH GOAL (Shongweni)

August 2023

- 5/6: Prov Champs GP/NW/MP -Ngwenya
- 12/13: Underburg
- 26/27: Walkerville :PE - CGK

October 2023

- 30 Sept 1 Oct Cape Classic
- 7-8 Oct Cape Classic

Birthdays December 2022



ecember

2-Sanet De Villiers 2-Paula Maclarty 3-Owen Holland 3-Tilanie Groenewald 5-Sarah Dix-peek 5-Lara Orpwood 6-Tayla Von Benecke 8-Holly Mckenzie 9-Lauren Kuhn 9-Jenna Brink 10-Dale Taylor **10-Shakes Mokheseng Suping** 10-Ross Haldane 11-Noel Wilson 11-Richard Reid 11-Nicholas King 12-Nicholas De Jong 13-Megan Thomson 14-Andrew Thomson 15-Druan Meyer 15-Joshua Joubert 17-Colby Wheeler 18-Stuart Odell 19-Mark Scott 19-Johanna Botha **19-Megan Frost** 22-Noel Bauer 22-Brenda Crawford 23-Nkululeko Ngcobo 24-Chante Van Der Walt 25-Heinrich Roland Fortmann 27-Kayla Heynes 28-Mike Kidson