

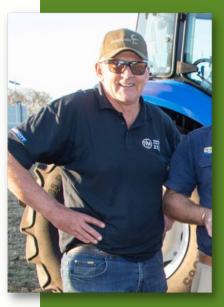
Team SA and Zimbabwe/Zambia at the 2022 Invitational held @ Ngwenya Polocrosse Club September 2022. SA won the series 3-0.



SA Ladies

Featured Players - and Horses

- Jannie Steenkamp Perfect 10
- Lauren Heynes Player of the year 2022
- TRUMP Golden Pony /Owned by Peter Choice



Message from our President - Manfred Rohwer



After an exciting transition period in PASA with the announcement of the secretarial role, we are up and running again with a new burst of energy and ideas. The end of the season brought about some fantastic polocrosse and an enormous amount of news.

This past half of the season saw many international, home games and away, across the various age groups. These tours bring about invaluable experience for players and supporters alike, and it was amazing to see the quality of polocrosse players by everyone from u14 through to open. Well done to all the players, coaches and supporters.

We had a superbly organized SA Champs held at Ngwenya Polocrosse Club, followed a short few weeks later by the Open international against Zimbabwe and Zambia. The venue has really proven itself as a star stop for tournaments this past season, and we look forward to hosting many events there going forward.

The PASA AGM was very well attended by the community, with representation from all provinces in attendance. Thank you for the valuable input and opportunity to reflect on the past season, and plan for the future of Polocrosse in SA.

Our Planning meeting, followed by an Executive meeting, is around the corner. We will have two live venues, Greyville in KZN and SAEF offices in GP, as well as the option for online attendance for these meetings on Saturday, 5 November 2022. This meeting is very important for the planning and strategy of the next season.Please make sure that everyone is proactive about their events and planning for the upcoming season – it is going to be a great one.

The development of local players and horses is our main object for the 2023 season, seeing investment into club polocrosse. The planning for next year is absolutely crucial so we can ensure everyone is working to the common objective of getting as many members to enjoy playing this incredible sport, and at a level that is competitive and contributes towards their sporting goals. Apart from the New Zealand tour in the beginning of the 2023 season, we will aim to have an "All Africa Year".

The challenge remains to ensure that our top level play is also getting the competitive game time they need, while still maximizing game time for everybody in polocrosse. We need to ensure all players have a great experience, while still supporting the build up to the World Cup in 2024. We are looking forward to the announcement of the World Cup team next season and watching this group take on big things to be victorious on home soil once again.

I look forward to hearing all your contributions to the planning meeting. Have a great time working on your young horses and skills over the off season.Let's give the new season 'gas' and work together to building South African polocrosse in 2023.

Many thanks





New structure for PASA administration

The PASA executive have made a decision to employ two administration members to assist with the running of the organization. The position will fall into two categories of administration and event management

Farewell to Ashleigh Shaw - PASA Secretary

We bid farewell to Ashleigh Shaw who has been an absolute stalwart in the industry. Holding the secretary position in PASA for 10 years we thank her for the many years of service to the polocrosse family. We all wish her everything of the best in the future. Her years of dedication are much valued by all PASA members, thank you Ashleigh! A passionate member of the polocrosse community she is known for her horsemanship skills and we look forward to seeing her on the field developing new horses and playing the sport she loves.

Rochelle Thornhill has been appointed in the administration and marketing position. She will be managing the online system, club affiliations, horse information and administration tasks. Along with all marketing which will include the social media platform and newsletters (**admin@polocrosse.co.za**)

Ange Schoeman has been appointed in the event management and fund raising portfolio. Ange will be an integral part in the lead up to world cup with sponsorship and running PASA events (events@polocrosse.co.za)

Both Rochelle and Ange will assist with the running of PASA tournaments. We wish them all the best in their new positions.



Rochelle Thornhill

Ange Schoeman



Oct/Nov 2022

Development Feedback:



THE INVINCIBLE U-TURN RANCH (TIUR) -SOUTH AFRICA-Portion 14 of farm Nooitgedacht R513 (old Zambezi drive east) Next to Edendale school Cullinan Cell: +27 82 414 4624 Peter.selolo@gmail.com peter@theinvincibleurtunranch.co.za website:http://theinvincibleuturnranch.co.za

Submitted to : Rochelle

Date : 2022/10/19

THE INVINCIBLE U-TURN RANCH (TIUR) PORTION 14 OF FARM NOOITGEDACHT R513 (OLD ZAMBEZI DRIVE EAST) NEXT TO EDENDALE SCHOOL CULLINAN

Good morning!!!!!

My name is Peter Selolo from the Invincible U-turn Ranch. My team and I have attended a Polocrosse match between South Africa and Zimbabwe/Zambia at Nywenya Polocrosse fields.

We were welcomed with warm hands from the organizers an we really felt at home. We were also explained how polocrosse is played and the rules and regulations of it. We were given the privilege to meet the South African team. The 2 days spent there were very productive and the kids also enjoyed the environment and would also love to learn the game. The crowd was just lovely and welcomeing as well.

The Invincible U-turn Ranch would like to thank Rochelle and her team for this 2 wonderful days and keep up the good work.

We as the Invincible U-turn Ranch also would to play polocrosse after being exposed to the sport .

Thanks

Pete



PASA to take hands with U-Turn Ranch and develop the polocrosse community

The U turn ranch joined us at Ngwenya in September 2023. Peter brought several of his junior riders with him, they had the opportunity to meet our development open teams and watch a great weekend of polox. PASA hope to encourage more development players to play polox by introducing organisation's like the U-Turn Ranch to polox.





Oct/Nov 2022



Jannie Steenkamp - 10 Handicap

MOTTO: Dedication and commitment leads to success.

AGE: 33 FAVORITE POSITION: 3 HANDICAP: 10

Hobbies:

Playing golf, Action Cricket, Polo and Squash

Jannie's Polocrosse Background

- Started playing Polocrosse at the age of 12 and represented Western Province and South-Africa in all age groups.
- Charl du Plessis was an inspiration to me and Bruce MacLarty my mentor.
- **2007**: Was a member of SA World Cup Team touring Australia. Never got an opportunity to play but gained lots of experience.
- 2011:Got Selected for the SA World Cup Team.
- Won the World Cup in England.
- Won Best Male Player at the World Cup
- Won award for best Horse at the World Cup.
- Went to a 10 Handicap for the first time.
- **2013**:Was a member of the SA Team that won the Quadrangular series in Mooi River against Zimbabwe, England and Zambia.
- Won best male player of the series.
- **2014**: Won IPT & SA Club Champs playing for Arnot & Mpumalanga.
- Received award for best male player & golden pony at IPT.
- Received award for best combination horse & rider at SA Club Champs.
- 2015: Won World Cup in South Africa.
- My horse won the "Men's Golden Pony" award.
- **2017**: Beat Australia in Australia on their home ground for the first time in history. Had the privilege of captaining the full men's side that toured and went to a 10 Handicap for a second time.
- **2019:** Played in the World Cup hosted by Australia with South Africa runners-up.
- 2021: Won South African Player of the year.

- 2022:
- •Won the South African High Goal for the first time.
- Captained the Mens side to a 3 0 win over England
- •Won Best No3 and MVP
- • Won SA Champs 2022 Winners
- ·Best No3
- • Most Valuable Player and Golden Pony also
- •went to a 10 Handicap for a 3rd time.
- Zimbabwe/Zambia Unofficial tour. won the series Ngwenya



Jannie Steenkamp - 10 Handicap

Highlights of Jannies Polocrosse Career:

- Winning the World Cup back to back in 2011 and again in 2015.
- This incredibly young team mixed with a few steady experienced players won the 2011 World Cup. This was a brilliant year for Jannie, He was in the winning IPT Team, The winning SA Club team and the Winning World Cup team, he also won best mens player at this world cup!!
- Winning IPT(WP) and SA Club Champs (Cape Unicorns Polocrosse Club)winners in the same year 2011, also in 2015 with Arnot and Mpumalanga.
- Played in six Zimbabwean opens of which we won three.
- Beating Australia in Australia for the first time in history.
- Winning the South African High Goal in 2022
- Reaching a 10 Handicap.
- Player of the year award 2011,2019 and 2021
- Won Cape Winelands Equestrian Federation Sportsman of the year award 2019

Jannie's Mom, Helene, runs polocrosse in the Western Cape and made this all possible for Jannie. Helene managed the SA team 2011, 2015 and 2019 she was very much part of the winning formula. Helene has been an absolute stalwart in the Polocrosse.

Jannie's Dad is an incredible support.

The combination of Jannie, Gavin, Travis, Graham , Bruce and Helene was a formidable one and definitely a world cup winning one.



THE NO 3 POSITION - BY JANNIE STEENKAMP.

The number 3 position is a very unforgiving position and you have to be mentally strong. Any coach will tell you, "control the back of the line out and you win the game". That can put a lot of pressure on a player especially when you are on a strange horse.

There are a couple of technical things I focus on when I play 3:

1. I always want to make sure that I have the umpire in sight, in particular his hand. It is very hard to know when to turn or catch the ball if you don't have a clear vision of the ball.

2. It is very important to set your horse up correctly. You want to put yourself in a position where you can catch the ball, but if it goes out the back to turn first and pick up the ball.

3. Communication is very important! You as the number 3 are the eyes of your team. You see everything a lot clearer from the back of the line out. Once the ball goes over the number 1 and 2's head, you must tell them where the ball is. If you are dominating the back, whichever side of the line-out, it is important that your team mates know it and that they can trust that if they clear sticks you will get the ball. However, the opposite is also true. You might not be dominant at the back, and in that case it is important for your team mates to know that they must do everything they can to bring the ball down in the front and not let it go out the back.

4. Don't be hard on yourself! That took me years to understand. There will always be another number 3 player or horse that are just as good as you/yours, if not better.

Polocrosse is a team sport and it's not your job to do everything. Make peace with the fact that the opposition number 3 will also get the ball...that's how it goes. Don't beat yourself up over that. I always think of the number 3 position as quicksand; the harder you try to get the ball and do everything the less success you will have. This is when your team mates come in to play and communication is very important. Don't accept that you are getting beaten. Relax, talk to your team and make a plan. It is very important to remember that getting worked up because you are getting beaten will get you nowhere. A relaxed muscle is much quicker than a tensed muscle.

My advice to a youngster that plays 3 is to make sure you put a lot of work into your horses. A good horse at the back of a line out will win you polocrosse games. Be technically correct, in terms of setting up correctly. Don't become despondent if the opposing 3 is catching ball in front of you while you're focusing on setting your horse up correctly. Trust me...in the long run you will beat him/her every time if you get this right from the beginning. Your horse will learn the game and before you know it you can stay long enough in the line-out for the catch while still being able to get the ball first out of the back. To become a good 3 you have to develop those technical skills. Lastly, but most importantly, do not try and do everything. Focus on your job at hand and don't be too hard on yourself. Your team mates are there to help.

BY: JANNIE STEENKAMP 2022

Lauren Heynes : Player of the year 2022

A Message from

Lauren

I've been around the polocrosse field, since I could remember. I only started playing when I was 4 though, I started on a lead rein with my dad who would have to run up and down the field with me. I think he was definitely the fittest dad cause I would play every chukka and even when the games were even over he still lead me around because I never got off my pony. He should actually thank me for keeping him in shape ;). Not very long after that I was riding and playing by myself, Sophie and Abbey Hackland along with Amy Cocker we rode from the morning till the evening, any chance we had we were riding our ponies, and if we weren't riding our ponies we were playing a game we loved to call wild horses. That basically sums up how it all started...



My dad is my hero and that is without a doubt, he is my biggest inspiration, he's taught me literally everything I know about the game of polo crosse and horses. (Dad we've been through a lot from laughing to shedding many tears, but you knew all along what was best for me, during those hard times I definitely could disagree with you though, but those hard times have shaped me into the person and player I am today and I thank you so much for it. I never could have done it without you!) and I also never could have done it without my incredible ponies. I would never be able to perform without them, and this is also thanks to my dad for giving me the privilege to have such amazing horses. I've had many horses over my many years, starting from my first polo crosse ponies Toffee, Smiley and Mistress to my most recent ones Essence, Cupcake and the many more in the stable. Even though sometimes I get frustrated when they try buck me off or are just full off themselves and can't behave I still love them with all my heart and could never imagine the game without them.

One memory I remember very clearly was the very first highgoal in 2016. I didn't miss one game that weekend, I watched every single one. From that grew a dream that one day I was going to play at this top level against most of the best players in the world. And I've been privileged enough to have played in the last two highgoals and winning the last one (2022) and runners up in the one before (2021), but that wouldn't have been possible without the amazing teammates I've had along the way, and even the stif competition who haven't made it easy, but who have definitely taught me valuable lessons that have only helped me become better. This has all fuelled my aspirations to one day play for my country on the greater stage against the best players around the world, and I one day hope to reach this dream...

My story is pretty simple, but I hope to be someone that inspires and I hope for all the younger players reading this that you realise that anything is possible if you work hard enough, age is only a number it should never limit you dreams. I thank the whole polo-crosse community for the support and for the honour of winning player of the year this year, thank you so much and can't wait to see what next season brings!



www.polocrosse.co.za

Oct/Nov 2022

Golden Pony: 2022 TRUMP

Who is TRUMP? Trump is an 8 year old gelding Sire: Bundy Dam: Unlimited Cash Sire of Dam: Almufti

Full brother to Big Spender, Pretty Penny and Sugar Daddy

Trump was bred by Peter Choice and is owned by Hylton Choice. Hylton has put a lot of work into Trump and has brought this talented horse on through the ranks over the past few years. Hylton and Trump are now both playing at the highest level. Hylton has kindly lent Trump to top riders such as Sandra Weston and Jannie Steenkamp over the past few years and they have excelled on this horse.

Trump was the deserved winner of the prestigious 2022 Gold Pony award. This one of a kind horse has played consistently well at all the top level polocrosse tournaments this year.



Here are a few of his awards received.

High Goal Tournaments 2019 Best no 3 - played by Sandra Weston (Trumps first tournament) 2022 Best no 3 - Played by Jannie Steenkamp Mvp - Jannie Steenkamp on Trump

Presidents Cup 2022 Golden pony A Div - Played by Hylton

U21 International Zambia vs SA

Zambia drew Trump in their pool of horses. Trump was again outstanding and was awarded the overall Golden pony prize by PASA. The Zambian team also awarded Trump the Zambian Golden Pony prize.

SA Club Champs 2022 Golden Pony - Ridden by Jannie Steenkamp MVP - A Division Best No 3 - Jannie Steenkamp on Trump





From the Junior Presidents Desk - Karen Cocker





Our South African U14 side was announced at the Junior classic and they toured Zambia from the 16th to the 21st August.

- **The U14 Team** Nic King, Tom Lynn, Christopher Thornhill, Emmie Lou De Jong, Morgan Du Toit, Tristan van der Walt and Hannah Van Wyk.
 - The coach was Jean Hackland and the Manager was Mel King

The young Zambian team was beaten 3 nil by the SA team. It was encouraging for African polocrosse to see Zambia field an U14 team against all odds. They had players from show jumping and polo join their team earlier in the year. These players all played well above expectations. The Zambians supplied the South African team with a pool of excellent horses. The South African team played incredibly well under the guidance of coach Jean Hackland. We are looking forward to hosting the Zambian u14 team in 2023.





We had a very late invitation from Zimbabwe to partake in an official u16 test match in Harare.

The SA U16 girl's team - Chloe Hatch, Sydney Du Toit (Captain), Kendra Thomson and Tristan Van Der Walt, **The SA U16 boys team** - Brad Kent, Nic King, Lance Price Moor and Jonathan Thornhill. **The Coach** was Gavin Cocker and **the Manager** was Melissa Price Moor.

The u16 team won the series and experienced the incredible Zimbabwean hospitality. Thank you to all the parents and sponsors who made this tour possible. Well done to the U16 team who all played very well indeed.







From the Junior Presidents Desk - Karen Cocker

The following U21 sides were selected to play against the Zambian boys and the Zim/Zam Girls in Underberg over the 8th to 10th July at Underberg.

The U21 Men's team - Trent Cocker (captain), Hylton Choice, Paulo De Franca, Andrew Lynn, Ruben Vorster, TR Visser and Wian Botha . Coach - Andrew Heynes, Assistant Coach Ryk Roodman and Manager: Karen Choice

Team U 21 Ladies - Sam Gilson (Captain), Fiona Lin, Jeanique Roodman, Shana Beukes, Stacey Wheeler, Megan Vorster and Megan Hatch. Coach - Gordon Shaw, Assistant Coach - Ashleigh Shaw, Manager - Emma Hall



The U21 teams had the close games and had us all on the edge of our seats. The games could have gone either way. The SA u21 ladies won the series 2 games to 1 and the U21 men just lost the series 1 game to 2. The players all learnt so much over these test matches and I have seen such an incredible improvement in our u21 players over the balance of the year. The Open teams both dominated the UK sides. Our junior ladies, who made the open side, did us proud.

The South African open men's and ladies national teams were also selected to play against the UK over the same weekend in Underberg. The following Junior Players made the SA Open teams. This was an incredible achievement for such young players.

Congratulations to

- Lauren Heynes (15)
- Amy Cocker (16)
- Olivia King (15) and
- Josh Le Roux (20)

Congratulations to Lauren Heynes for winning the best number one player and to Amy Cocker for winning the best number three player and for her horse Sir Thomas winning the overall golden pony prize. Lauren's horse Bolt was awarded a pony prize by the UK team. From my side, congratulations to all the players and coaches. You did us proud.

From the Junior Presidents Desk - Karen Cocker

2023 Season Plans:

I have reached out to New Zealand, Ireland, USA and the UK for possible tours next year. We received an invitation from New Zealand for an official U16 tour in March.

The 2023 U16 team was announced earlier this month and I would like to congratulate the following players -Ruben Vorster, Nic King, Lance Price Moor, Christopher Thornhill, Olivia King, Abbey Hackland, Hannah Van Wyk and Tristan Van Der Walt . The U16 Coach is Graham MacLarty and the manager is Melanie King. Thank you to Graham and Melanie for making yourselves available.

I would like to wish all the U16 players the best of luck and hope they have a fabulous tour to New Zealand.

I have had an enquiry from the USA about a possible U21 mixed tour in August 2023.

For our U14's we have a possible income Tour from Zambia. Once we have more details I will let you all know.

Thank you to all the parents who have supported their children's Polocrosse this year, as the Junior President I am always grateful to you!

I wish you all the very best for the off season and look forward to another eventful year in 2023.

Karen Cocker

PASA Junior President and International Liaison



Birthdays October and November 2022

-Leigh Mansfield 1-Joshua Claite 2-David Armitage 3-Albie Grobbelaar 3-Claire Armitage 4-Jocelyn Hartslief 6-Arno Vermaak 6-Lenka Bronn 7-Tyrone Hennings 10-Gail Du Toit 10-Jaryn Goetsch 12-Sean Fortune 14-Zene Botha **19-Joelene Phillips** 20-Mbongeni Bongeni Nogwane 20-Celicia Jacobs 21-Ryk Roodman 21-Savanah Kenny 23-Louw Schabort 23-Aidan Lynn 26-Stephanie Hanwith-horden 27-Trent Hooper 27-Chad Von Benecke 27-Danica Baker 29-Ian Penderis 29-Megan Van Der Weshuizen 31-Nicolaas Van Rensburg 31-Keara Mattheus 31-Grace De Franca

NOVEMBER

2-Graham Powell 2-Ian Stanley 4-Georgia Couvaras 5-Jenny Firth 7-Samantha Gilson 9-Mark Rubin 9-Meah Du Toit 10-Werner Kleyn 10-Mwalimu Modise 11-Clint Mattheus 12-Rebecca Goodwin 12-Rikus Cilliers 16-Daniel Haldane 17-Tyler Dell 17-Amy Cocker 17-Troy Brande 18-Chris Newton 20-Sage Venter 22-Shaun Wheeler 23-Bruce Maclarty 26-Quinton Wheeler 26-Garth Muhl 30-Andrew Van Der Walt 30-Sydney Viljoen 30-Lauren Heynes

